



LEAP CHEF TRAINING

Learning and Exploring through Adapted Programming

**Tuesdays,
April 11, 18, & 25
5:00-6:00pm**

Instructed by:

HealthBarn USA

**Chef it up in the kitchen
this month!**

**We will learn new recipes and
how to prepare our own meals.**

**Learn the benefits of healthy
eating!**

**Classes will be held at
1057 Hillcrest Rd,
Ridgewood, NJ**

**Registration can be found on
Community Pass**

www.ridgewoodnj.net/communitypass

Cost is \$40 per month.

Please contact 201- 670-5560 with any questions.